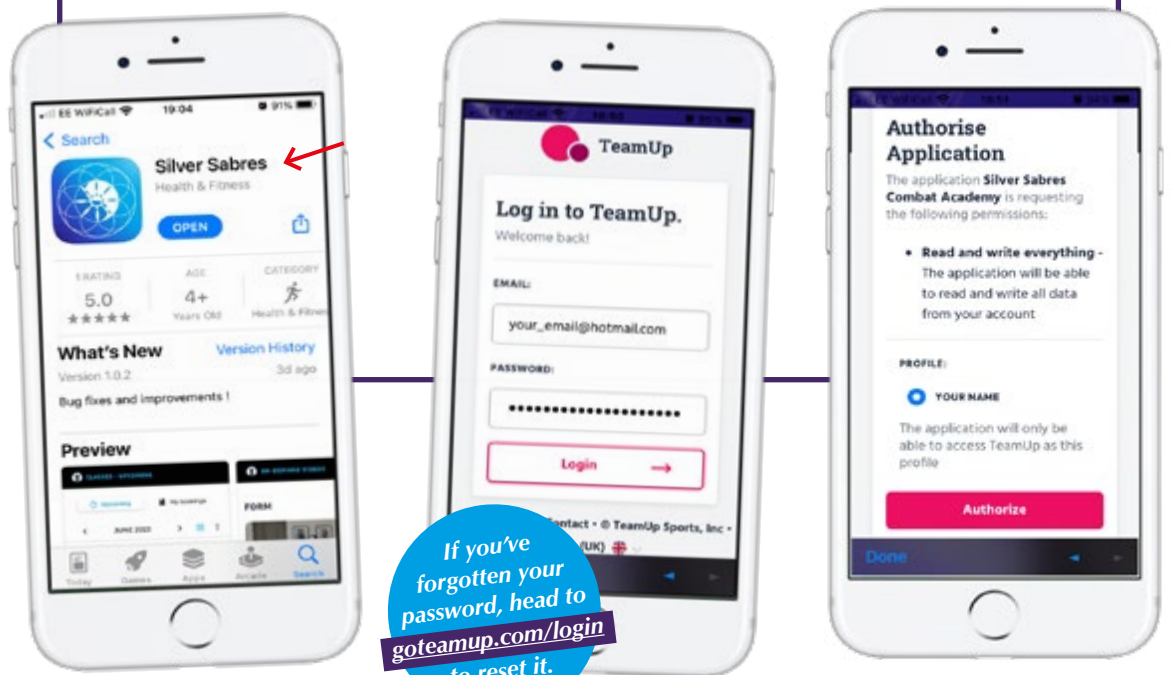


All of our memberships and class bookings are handled by our **Silver Sabres app**. To access it, you need a TeamUp account; which was already created through our website when you booked onto a Trial Class. Simply follow the steps below to learn how to install our app, access your account, purchase a membership plan, book classes, and track your training...

## 1 GET THE APP & LOG IN

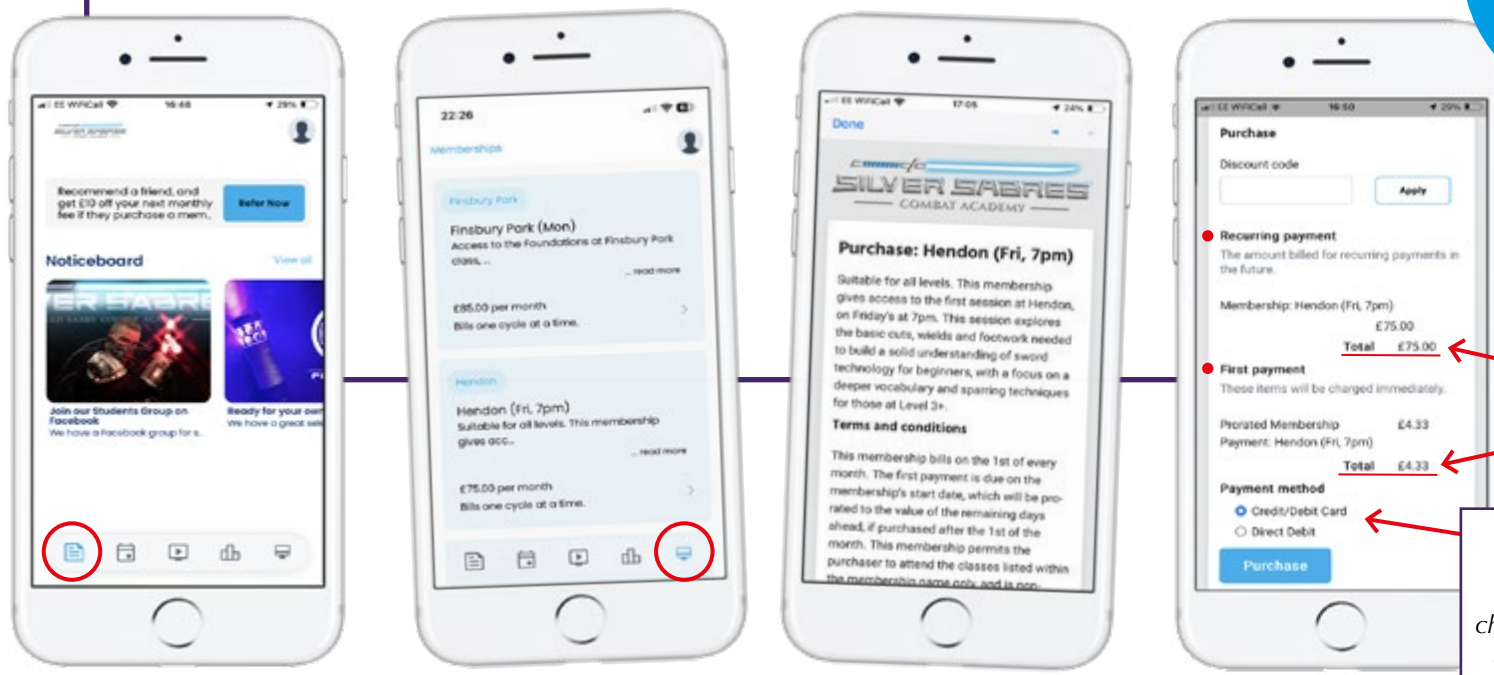
Head to the app/play store and download the **Silver Sabres app**. Allow notifications. Then **log in** with the same details you used to book the Trial Class. **Authorise our app** to upload your details from TeamUp.



If you've forgotten your password, head to [goteamup.com/login](http://goteamup.com/login) to reset it.

## 2 PURCHASE A MEMBERSHIP PLAN

The **Newsfeed** keeps you up to date with announcements. Press the **Card** icon and scroll through to view our membership plans.\* **Select a plan**, accept waivers, and view the T&Cs. **Scroll down** to see final prices, and choose a payment method.



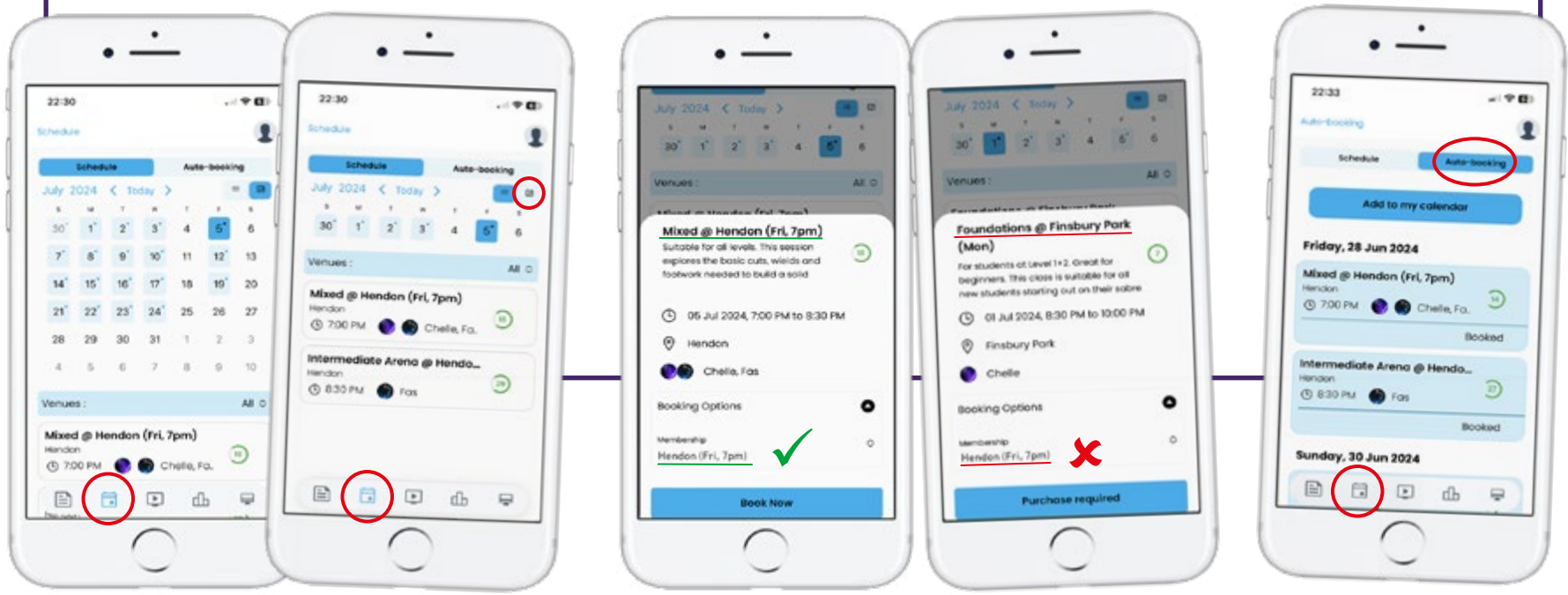
\*We offer a **concessionary rate** for those who qualify. Purchase a plan, then **email us** with proof of status, and we'll add your concessionary discount on.

**Recurring payment** is the monthly fee for the plan. As we bill on 1st of every month, the **First payment** is prorated for days left in the month of purchase.

Use stored card details from Trial Class booking, or change your method to a Direct Debit.

## 3 START BOOKING CLASSES

Press the **Calendar** icon. Scroll down, or click the dots to switch to week view, and **select your class**. The correct class will show your membership plan and a blue **Book Now** button. Incorrect classes will highlight the need to make a purchase.



You can view and cancel your bookings in **Auto-booking**.

## 4 ON DEMAND & CHALLENGES

Press the **TV** icon for level-tailored on-demand videos. Press the **Tracker** icon to access homework and add your own workouts. Press the **Medal** icon in the Tracker to access motivational challenges.

